

Rain Sticks

WHAT YOU WILL NEED:

- Paper towel roll or food wrap tube
- Items from nature to fill your roll (rocks, stones, small twigs)
- Aluminum foil
- Clear packing tape
- Funnel (optional)
- Spoon
- Paint, wrapping paper, stickers, markers, or decorative tape (optional)



WHAT TO DO NEXT:

1. Go for a nature walk and find items you could include in your rain stick that would create a sound.
2. Tape off the bottom of the tube with some clear packing tape.
3. Roll and scrunch up some tin foil and add it in the tube.
4. Use a funnel, spoon or hands to add the chosen items to the tube.
5. Tape off the open end.
6. Move your stick from side to side and listen to the sound of rain.
7. Experiment with a variety of objects to create different sounds.
8. Decorate the rain stick as you wish.
9. Enjoy making music!